

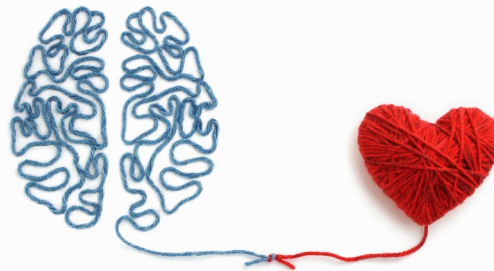
 pontinova  
EXPERIENCE



# EXPERIENCE EVIDENCE - BASED COACHING

FIND YOUR PURPOSE AND INDIVIDUAL WAY TO  
SELF-LEADERSHIP IN ALL AREAS OF LIFE.

Beyond knowledge and theory the  
experiences you make are indispensable.



## Find Your Purpose

LEARN TO KNOW WHO YOU REALLY ARE. WE CALL THIS:  
SELF-LEADERSHIP.

We offer you an experience that is going to make you strong and independent. Our focus lies on mechanisms that combine physical with mental health: Mental training, sport and nutrition are essential components of our concept. Get to know tools that you can totally rely on in difficult situations. Extraordinary experiences will lead you to remarkable results.

Learn more about the entire programme **or simply**  
**register for your get-to-know workshop:**

[info@pontinova-experience.com](mailto:info@pontinova-experience.com)